

## Patient Exam Preparation Instructions:

# Hysterosonography/ Sonohysterogram

We look forward to seeing you for your appointment.

### If you are pre-menopausal:

- This exam must be scheduled during the first 10 days after your menstrual period starts. The exam also must be done after your menstrual flow has stopped. For most women, this means that the exams will be performed on days 6 through 10 after the period begins.
- Do not have sexual intercourse from the beginning of your period until at least 2 days after the exam is completed.

### Day of Your Exam:

- Arrive at least 15 minutes prior to your test.
- 90 minutes prior to the procedure, we recommend that you take an anti-inflammatory agent such as Advil, Motrin or Nuprin according to the package instructions. Check with your physician if you are uncertain about taking this medication.

### Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: [UniversityRadiology.com](http://UniversityRadiology.com)

### Bring your prescription, insurance card, and photo ID

They are required for this procedure.

### Glucose Monitoring Devices

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

### Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

### Questions?

Call **800-758-5545**